

October 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	Pancake on a Stick Fruit	French Toast Sticks Fruit	Sausage Biscuit Fruit	Breakfast Burrito Fruit	No School	
8	9	10	11	12	13	14
	Chicken Biscuit Fruit	Egg Taco Fruit	Frudel Fruit	Cereal Bar Yogurt Fruit	Mini Strawberry Bagel Fruit	
15	16	17	18	19	20	21
	Cereal Cheesestick Fruit	Biscuit and Gravy Fruit	Breakfast Cookie Fruit	Breakfast Pizza Fruit	No School	
22	23	24	25	26	27	28
	Bagel & Cream Cheese Fruit	Muffin Fruit	Cinnamon Roll Fruit	Cereal Cheesestick Fruit	No School	
29	30	31	1	2	3	4
	Cini Mini Fruit	Breakfast Burrito Fruit				
5	6	<p>This institution is an equal opportunity provider</p>		<p>SERVED DAILY: 1% LOWFAT WHITE MILK 1% LOWFAT CHOCOLATE MILK 100% FRUIT JUICE</p>		

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	Pulled Pork Sandwich Fries Cooked Carrots Peaches	Mac & Cheese BBQ Smokies Baby Carrots Peas & Apple	PB & J Cheesestick Fresh Broccoli Baby Carrots & Apple	Chicken Sandwich Cheesy Broccoli Cucumber Sticks Cutie Orange	No School	
8	9	10	11	12	13	14
	Hamburger Shredded Lettuce Tomato Slice Corn & Applesauce	Chicken Leg Sweet Potato Fries Peas Pears	Ham & Potato Soup Cornbread Green Beans Baby Carrots & Grapes	Crispito Pinto Beans Cherry Tomatoes Tropical Fruit	Pizza Salad Fresh Broccoli Orange	
15	16	17	18	19	20	21
	Soft Taco Refried Beans Lettuce & Tomato Mandarin Orange	Chicken Sandwich Shredded Lettuce Green Beans Fruit Cocktail	Chili Cinnamon Roll Fresh Broccoli Baby Carrots & Apple	Corn dogs Tater Tots Cooked Carrots Banana	No School	
22	23	24	25	26	27	28
	Pork Rib Sandwich Sweet Potato Fries Green Beans Peaches	Meatball Sub Marinara Sauce Peas Tropical Fruit	Chicken Tetrazini Salad Roasted Chickpeas Cookie & Pineapple	Chili Dogs Fries Baby Carrots Cutie Orange	No School	
29	30	31	1	2	3	4
	Chicken Strips Rice & Oriental Veggies Fresh Broccoli Pears	Enchiladas Pinto Beans Red Pepper Sticks Pineapple				
5	6	<p>This institution is an equal opportunity provider</p>		<p>SERVED DAILY: 1% LOWFAT WHITE MILK 1% LOWFAT CHOCOLATE MILK 100% FRUIT JUICE</p>		