



October Breakfast Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	3 Pancake-on-a-Stick Fruit	4 Sausage Biscuit Fruit	5 French Toast Sticks Fruit	6 Breakfast Burrito Fruit	7 Cereal Bar Yogurt Fruit	
	10 Breakfast Cookie Fruit	11 Biscuit & Gravy Fruit	12 Bagel Fruit	13 Chicken Biscuit Fruit	14 Cinnamon Roll Fruit	
	17 NO SCHOOL	18 Cereal Yogurt Fruit	19 Breakfast Pizza Fruit	20 Donut Fruit	21 Waffles Fruit	
	24 Pancake Sausage Sandwich Fruit	25 Muffin Fruit	26 LATE START- 9:30 AM Cereal Cheese Stick Fruit	27 Sausage Biscuit Fruit	28 Egg Omelet Fruit	
	31 NO SCHOOL	SERVED DAILY: LOWFAT WHITE MILK 1% CHOCOLATE MILK 100% FRUIT JUICE		This institution is an equal opportunity provider and employer.	Menu is subject to change	

October Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	3 Pulled Pork Sandwich Sweet Potato Fries Lima Beans Orange	4 Corndog Tater Tots Baby Carrots Peaches	5 Potato Soup w/Ham Green Beans Cornbread Muffins Juice	6 Chicken Quesadilla Salad Grape Tomatoes Pineapple	7 PB & J Cheese Stick Baby Carrots & Broccoli Apple & Chips	
	10 Pizza Salad Roasted Chic Peas Applesauce	11 Ham - Green Beans Sweet Potato Puffs Cornbread Muffin Fruit Cocktail	12 Chili Cinnamon Roll Baby Carrots Apple	13 Hamburger Romaine Lettuce Tomato Slice Corn - Pears	14 Chicken Nuggets Fries California Blend Cookie - Banana	
	17 NO SCHOOL	18 Chicken & Noodles Mashed Potatoes Cooked Carrots - Roll Mandarin Oranges	19 Beef Enchiladas Refried Beans Chips & Salsa Tropical Fruit	20 Turkey & Cheese Sub Romaine Lettuce Pickle - Peas Orange	21 Hot Dog Tater Rounds Winter Blend Peaches	
	24 Chicken Sandwich Lettuce - Cauliflower Pickle Slices Orange	25 Mac & Cheese Meatballs - Breadstick Green Beans Baby Carrots Strawberries	26 LATE START-9:30 AM Meatloaf Tater Tots Cooked Carrots Pears - Cookies	27 Chicken Leg Baked Beans Cole Slaw Grapes - Biscuit	28 Cheesy Bread Sticks w/ Marinara Sauce Salad Fruit Cocktail	
	31 NO SCHOOL Happy Halloween	SERVED DAILY: LOWFAT WHITE MILK 1% CHOCOLATE MILK		This institution is an equal opportunity provider and employer.	Menu is subject to change	